



# Theory and Practice of Problem-Based Learning (PBL)

Seminar and a Skill Development Workshop

**29th and  
30<sup>th</sup> July,  
2025**



**SOUTH ASIAN CENTRE FOR TEACHER DEVELOPMENT**  
**UNESCO Category 2 Centre**

# Theory and Practice of Problem-Based Learning (PBL)

## Workshop Outcomes

This workshop is designed for the following Outcomes

- Describe the theory and practice of problem based learning;
- Understand the open-discovery and guided-discovery learning methods;
- Evaluate the advantages and limitations of PBL in education and pedagogy.
- Demonstrate PBL in action through a real-time, live group of participants and;
- Initiate participants on the path to good problem development and writing.

Resource  
Person



Professor Emiratus  
Lakshman Samaranayake

Hos DSc (Pera.), FRCPATH (UK), DDS (Glas.), FDSRCS (Edin.), FRACDS

Former Dean, University of Hong Kong and University of Queensland, Australia, and World Bank Consultant on Problem-Based Learning

Theory and Practice of

Problem-Based Learning (PBL)

Seminar and a Skill Development Workshop

29th and 30<sup>th</sup> July, 2025

Day 1 - 29.07.2025

Time	Session	Topic
08.30am - 09.00am	-	Registration
09.00am - 09.30am	-	Inauguration, Introduction, Group Division and Orientation
09.30am - 10.00am	Lecture 1	The need for Problem-Based Learning for Sri Lanka
10.00am - 11.00am	Break	Break for Tea/Coffee
11.00am - 11.30am	Lecture 2	Theory and practice of Problem-Based Learning
11.30am - 12.30pm	Lunch	Lunch Break
12.30pm - 13.30pm	Tutorial 1	Live PBL Workshop
13.30pm - 15.00pm	Break	Break for Tea/Coffee
15.00pm - 15.30pm		
15.30pm - 16.00pm	Day Closing	Q&A and Wrap-up

Day 2 - 30.07.2025

Time	Session	Topic
09.00am - 09.30am	-	Recollections
09.30am - 11.00am	Tutorial 2	PBL group presentations their learning issues and discussion
11.00am - 11.15am	Break	Break for Tea/Coffee
11.15am - 12.15pm	Lecture 3	Further reflections on PBL and flipped learning (Digital and AI assisted)
12.15pm - 13.00pm	Lunch	Lunch Break
13.00pm - 14.00pm	Lecture 4	Problem writing: theory and practice
14.00pm - 15.00pm	Groupwork	Creating a problem in your own discipline
15.00pm - 15.15pm	Break	Break for Tea/Coffee
15.15pm - 15.45pm	Presentations	Presentation of groupwork
15.45pm - 15.55pm	Wrap-up	Workshop Wrap-up
15.55pm - 16.30pm	Day Closing	Workshop Closing and Award of Certificates